

Garbanzo Bean Salad

Makes: 6 Servings

Ingredients

2 cups garbanzo beans
1/2 cup Red onion, diced
1/2 cup green bell pepper, diced
1/4 cup Cilantro, fresh, chopped
2 tablespoons olive oil
2 teaspoons red wine vinegar
1/4 teaspoon Oregano, dried
1/4 teaspoon Pepper, black, ground



Directions

1. Drain Garbanzo beans.
2. Combine Garbanzo beans, red onions, green bell peppers, and cilantro; mix thoroughly.
3. In a blender, combine olive oil, red wine vinegar, oregano, and black pepper for dressing until emulsified.
4. Toss dressing with bean mixture until well coated.
Serve chilled (below 40°F).